

## **UPCOMING EVENTS**

**Unity Day: "Road Map of Recovery"** Saturday February 28th 10am-Noon In Person Workshop See More Below

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**Newcomers Workshop May 16th, Via Zoom "Tools Of Recovery"** All are welcome: Newcomers, Members, etc. See more below

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**44th Annual MAI Convention March 20-22 "EXPECT A MIRACLE"** see below for more info on Recovery brought to you by: Milwaukee Area Intergroup!

### **Inspirational Quote for Step 2, from "For Today"**

If I stop "supervising" my weight loss, it will be taken care of –  
in God's time. I pray for the willingness to do that.

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## **Registration is Open for OA-MAI Convention**

**Scholarships are Available for MAI members**



**[www.oamilwaukee.org](http://www.oamilwaukee.org) for more information**

## **SERVICE is NEEDED**

**If you can give service in any way, please contact  
Convention Chair Tony P at [convention@oamilwaukee.org](mailto:convention@oamilwaukee.org)**

For today: The central miracle of my life is that I have been restored to sanity and usefulness. I may not have been asked, but if I look, I can find some service for which I can volunteer. Overeaters Anonymous *For Today* page 146

# What is an OA Convention you ask?

OA fellows gather for a 3-day Convention.  
Which serves to enhance personal recovery in OA,  
Highlight fellowship and Service,  
with a healthy dose of fun in the evenings.

## **Pre-Convention: Progress...Not Perfection**

There will be Keynote Speakers, Meditation, Panels with multiple speakers and workshops. Basket raffles and 50/50 Raffle Drawing.  
And a Market Place

### CONVENTION MARKETPLACE



Back by Popular Demand



Help MAI-OA raise funds by donating new or gently used  
Accessories and Jewelry

For more info on Accessories Wanted

And frequently asked questions go to [www.oamilwaukee.org](http://www.oamilwaukee.org)



During MAI's recent Gratitude Appeal it became very clear that  
"Sharing the Message"

is very important to our recovery. We can now look comfortably into  
the next year continuing to doing 12th Step Work.

Thank You In whatever manner you were able to give.

## UNITY DAY

Recovery Roadmap Workshop

What is Unity Day?

The way to Celebrate Fellowship, foster unity in diversity and reach out to members still suffering

**Saturday, February 28 10am-Noon In Person at The Lighthouse**

**Hosted by our Fellowship Committee**



Bring Markers

go to [oamilwaukee.org](http://oamilwaukee.org) for complete information

# Service Opportunities

## **Region 5 and World Service Representative**

Interested in being a Representative for MAI?

Contact [chair@oamilwaukee.org](mailto:chair@oamilwaukee.org) if you have any questions and come to November Intergroup.

## **Intergroup committees need you!**

Several committees are seeking and welcoming new members. Find out more by emailing [chair@oamilwaukee.org](mailto:chair@oamilwaukee.org) for more info..

**Cocoon** – Please Share your Experience with Strength and Hope. Send articles to Milwaukee Area Intergroup P.O. Box 270054. Milwaukee, WI 53227 or email to [cocooneditor@oamilwaukee.org](mailto:cocooneditor@oamilwaukee.org).

## **Join us at Intergroup**

Does your meeting need a Representative? Check out an Intergroup meeting as a guest and see if this service is for you. Milwaukee Area Intergroup meets monthly online, the third Monday of each month at 6:30 p.m. Each OA group can have 2 representatives. Contact [chair@oamilwaukee.org](mailto:chair@oamilwaukee.org) if you have any questions.

**To subscribe to NYCU send an email to [emailblast@oamilwaukee.org](mailto:emailblast@oamilwaukee.org)**

***Responsibility Pledge “Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.”***

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