

15-Week Step Study 2026

Additional Information and Frequently Asked Questions

What is a 15-Week Step Study?

The expected number of workshops to complete the Study is 15, usually over 15 weeks. MAI is sponsoring one session to begin on January 24, 2026 and conclude on May 9, 2026. There will be no workshop on Saturday, March 21, 2026 because of the annual Convention.

Workshop Book – White or Green?

A participant may use either the white Participant Guide or the green Twelve Step Workshop and Study Guide. The green book contains all the instructions needed to lead a workshop or to use the book as a sponsor/sponsee tool or other study plan. The white book does not have all those instructions. Either book may be ordered at oa.org bookstore.

Other books?

Yes, each participant will need access to the 6 other books mentioned on the flyer. These are used as the basis for various sections of the Workshop. If you need to borrow some books, please contact the organizer as shown on the flyer.

The length of weekly workshop: 2 hours

The Guide is set up for a 2-hour workshop each week, with some homework being assigned between weeks.

Homework? Buddies?

Yes, there is assigned homework which is to be done at home and shared with another member of the workshop group. In the workshop, homework buddies will be assigned. The buddies may rotate so that everyone in the group shares with a different buddy from week to week.

Autonomy of the Workshop

The workshop group will be autonomous, honoring OA Tradition. Each group will decide any questions that may arise. Leadership will rotate weekly among group members.

Will there be a cost?

There is no fee to participate, but the Workbook must be acquired. If an individual wants to participate, but cannot afford the cost of the Workbook other members will help to solve that problem. Cost will not keep anyone from participating. There will be 7th Tradition taken each week, with a \$5 suggested donation per week.

This can be paid upfront during registration. 7th Tradition checks can be mailed to OA-MAI. Contributions may be made by credit or debit card. Or, smartphone using Venmo. Please see the Contributions page at oamilwaukee.org for details.

Who can participate in Workshop-15?

OA members only please. Any OA member within MAI territory is encouraged to participate. Whether OA members from outside the intergroup participate will be determined, if slots still are available on January 24. In the meantime, any interested member should join the January 17 informational session and put their name on the waiting list.

How do I register to participate in Workshop-15?

Registration will be available online, by mail and by phone. Details will be provided in the near future. Watch the oamilwaukee.org website and/or News You Can Use email for updates on this information.

How do I subscribe to News You Can Use?

Send an email to emailblast@oamilwaukee.org and ask to be subscribed.