

Special Convention Edition

Responsibility Pledge

"Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible."

CONVENTION NEWS:

**Walk-Ins
Welcome!**

YOUR VOICE needs to be heard at Convention!

- Walk-in Friday @ 10:30 to Twelve Step your Body Image
- Walk-in to Convention Friday evening, Saturday or Sunday morning

Registration fees apply
Scholarships are available
Some meal tickets are available

- To view the final CONVENTION Program, please see below for a link to the interactive, clickable program.
- The Sheraton room block is now closed.
- Questions? Please contact by email at convention@oamilwaukee.org or by phone at 414/259-0640



Pre-Convention Workshop

Friday, April 12, 2024

10:30 am – 2:30 pm

Lunch Break Noon- 1:00 pm

Order in or Bring Your Lunch.

Enjoy fellowship!

Plan to check-in early following the Pre-Convention Workshop

Scholarships are available for residents of Eastern WI
convention@oamilwaukee.org
414/259-0640

How has body obsession affected your life: socializing, going to beach or pool, intimacy, self-confidence?

This workshop looks at Body Image through each of the 12 Steps. Activities include: reading of OA literature, prayer, writing and affirmations. Limited, optional sharing. More.

Reflect. Listen to experience, strength and hope of other members. Add your Voice of Recovery to carry the message.

See oamilwaukee.org for more information.

Convention Service Opportunities Available Now

FASHION SHOW Models Needed men and women

Each model will share his/her experience, strength and hope along with a body-positive affirmation. Models may be wearing items from the Clothing Exchange, from their own closet or a combination.

If you're interested in giving service in this way, please contact OA member Joy R at 414/400-3644 as soon as possible.

Plan to attend a Fashion Show preparation session in the Clothing Exchange on Saturday morning. And, join your fellow models for an early lunch!

Workshop: *The 9th Step Promises by Candlelight*
Friday, April 12 8:45 – 10:30 pm

12 members are needed to prepare to share (3-5 minutes) on one of the 12 promises

Panel: *Being the Message*
Saturday, April 13 10:30 – 11:45 am

One male panelist (ten minutes) is needed...ask for more information

Leader: *Big Book Study #3*
Saturday, April 13 1:05 - 2:20 pm
We Agnostics * Into Action
Leader Guide provided

Leader: *Meeting Marathon Self-Acceptance*
Saturday April 13 8:00 – 10:00 pm
Meeting template provided

Leader Writing Workshop: *Extending Hand and Heart*
Sunday April 14 8:15 – 9:15 am
Suggested Writing Prompts provided
Workshop template provided
Supplies provided



The OA Promise

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.

* also known as Rozanne's Prayer