



Newcomers Workshop:

The Tools of the Program

Virtual Workshop
Saturday, May 16, 2026
10:00 am – Noon CST

Join Zoom Meeting

Meeting ID: 850 9549 6827

Passcode: 1212

Join by Phone 312/626-6799

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<https://us02web.zoom.us/j/85095496827?pwd=Nm1QVm5MZ3BFUUIONjZrSTRkdldJQT09>

Three speakers share their experience, strength and hope

Are you a newcomer to OA? If you've been a member for two years or less, or consider yourself a newcomer, then this workshop is for you. Learn more about OA's program of recovery from eating disorders. Get questions answered. Meet other members — including other newcomers.

Everyone is welcome: Members, New Members, Non-members. Questions will be answered. This forum will be helpful for individuals wanting to learn about Overeaters Anonymous, as well as for newer members looking for additional support and insights.



This Workshop is sponsored by
Milwaukee Area Intergroup.

“Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible”