



Meeting List

EVERYONE WELCOME!

The only requirement for membership is a desire to stop eating compulsively.



scan to go to oamilwaukee.org

OA members and prospective members only, unless indicated as "Open" which means that guests or healthcare professionals may attend. All facilities are Non-Smoking. No food allowed at any meeting.

Meeting Formats: 12 & 12 focuses on the 12 Steps and 12 Traditions books of Overeaters Anonymous and/or Alcoholics Anonymous. Big Book means the focus is on the book Alcoholics Anonymous, otherwise known as "The Big Book."

Meditation meetings use the OA daily meditation books "Voices of Recovery" and "For Today." Writing meetings generally have a reading followed by a time of writing on the reading.

Literature meetings generally rotate with readings from the Big Book, 12 & 12 books, meditation books and/or other OA-approved literature. HOW is a bit more structured than the regular program.

| SUNDAY | Grp. # | City (most in WI) | Location/Place | Address | Mtg. Type | Contact | Phone # | Contact | Phone # | Comments |
|---------|--------|-------------------|---|---------|-----------|---------|--------------|---------|---------|-------------------|
| 1:00 PM | 40024 | New Holstein | Meeting ID 840 2831 9819, password 141414 | | Zoom | Tony P | 920.286.1007 | | | Rotate Literature |
| 6:30 PM | 89919 | Virtual | Meeting ID 854 7154 3560, password 414414 | | Zoom | Jim H | 414.364.4322 | | | Literature |

| MONDAY | Grp. # | City (most in WI) | Location/Place | Address | Mtg. Type | Contact | Phone # | Contact | Phone # | Comments |
|---------|--------|-------------------|--|--------------------------------------|----------------|------------|--------------|---------|---------|----------------------------|
| 8:30 AM | 88911 | Virtual | Please contact Carol Ann at 414.465.9154 for Zoom info | | Zoom | Kathy | 786.531.4858 | | | Big Book |
| 1:30 PM | 40998 | Manitowoc | Lakeshore United Methodist Church | 411 Reed Ave | In-Person | Mary S | 920.684.5396 | | | Use the east entrance |
| 4:30 PM | 39254 | New London | First Congregational UCC | 110 E. Hancock St. (Fellowship Hall) | In-Person | Ruth | 920.982.2295 | | | Open/Literature |
| 6:00 PM | 39166 | Neenah | St. Mark's Lutheran Church | 140 S Green Bay Road | In-Person/Zoom | Christine | 920.858.7024 | | | Literature/Open |
| | | Hybrid | Meeting ID 849 2814 6685, password: 972752 | | | | | | | |
| 6:00 PM | 22299 | Virtual | Contact Jean for Zoom Info | | Zoom | Jean A | 262.332.0259 | | | |
| 6:45 PM | 00122 | Franklin | Faith Community Church | 7700 W Faith Drive | In-Person/Zoom | Joy M | 847.274.4708 | | | 4th Monday is Open meeting |
| | | Hybrid | Meeting ID 859 8235 0220, password 32484 | | | | | | | Handicapped Accessible |
| 7:00 PM | 31798 | Antigo | St. Mary & Hyacinth Parish Center | 819 3rd Ave, Room 4 | In-Person | Rose Marie | 715.623.2128 | | | |
| 7:00 PM | 30176 | Virtual | Meeting ID 823 416 889, password 414414 | | Zoom | Jim H | 414.364.4322 | | | HOW Meeting |

| TUESDAY | Grp. # | City (most in WI) | Location/Place | Address | Mtg. Type | Contact | Phone # | Contact | Phone # | Comments |
|----------|--------|-------------------|---|---------------------------|-----------|---------|--------------|---------|--------------|------------------------|
| 9:30 AM | 800667 | Virtual | Meeting ID 940 0223 0366, password 098683 | | Zoom | Julie | 608.215.8159 | | | Literature |
| 10:00 AM | 21024 | Menomonee Falls | Good Shepherd Catholic Church | N88 W17658 Christman Road | In-Person | Nancy Z | 414.628.4256 | | | Handicapped Accessible |
| 10:00 AM | 89909 | Virtual | Meeting ID 814 3862 9715, passcode 89909 | | Zoom | Cheri | 414.491.5900 | | | Rotating Literature |
| 11:00 AM | 56592 | Oconomowoc | Lake Area Club | N60 W35878 Lake Drive | In-Person | Rennie | 414.721.1883 | | | Rotating Literature |
| | | | (Hwy P & Hwy Z) | Oconomowoc, WI 53066 | | | | | | Open Meeting |
| 6:00 PM | 50571 | Virtual | Meeting ID 996 467 9573, passcode ODAAT | | Zoom | Deb | 906.290.3734 | Trish | 715.587.0688 | Rotating Literature |
| 6:30 PM | 800542 | Mequon | Meeting ID 849 2836 2265, password 123 | | Zoom | Donna H | 414.534.1359 | | | HOW Meeting |

| WEDNESDAY | Grp. # | City (most in WI) | Location/Place | Address | Mtg. Type | Contact | Phone # | Contact | Phone # | Comments |
|-----------|--------|-------------------|---|-----------------------------------|-----------------|---------|--------------|---------|--------------|------------------------|
| 6:30 AM | 20992 | Wauwatosa | Martin Luther Church | 9235 W Bluemound Rd (Gray Rm) | In-Person/Phone | Joan C | 414.327.2091 | Lynn H | 414.477.4271 | Handicapped Accessible |
| | | Hybrid | Dial 425.436.6343, access code 327039# | | | | | | | Meditation |
| 9:30 AM | 03631 | New Berlin | Resurrection Lutheran Church | 12400 W Coldspring Rd | In-Person/Phone | Julie C | 440.258.2062 | | | Handicapped Accessible |
| | | Hybrid | Dial 712.432.6121, access code 343783# | | | | | | | Fragrance Free |
| 2:30 PM | 03478 | West Bend | Unity Club | 1715 Creek Drive, West Bend 53090 | In-Person/Phone | Judy W | 414.403.8361 | | | Rotating Literature |
| | | Hybrid | Dial 720.740.9632, access code 5768825# | | | | | | | |
| 6:30 PM | 801106 | Virtual | Meeting ID 603 927 655, password 414 | | Zoom | Todd | 414.828.3028 | | | Men Only |
| | | | | | | | | | | Rotating Literature |
| 7:00 PM | 02346 | Green Bay | The Bridge of Green Bay | 2514 Jenny Lane | In-Person/Phone | Judy K | 920.265.1877 | | | Step Study |
| | | Hybrid | Dial 605.313.5634, access code 4529449# | | | | | | | Open |
| 6:30 PM | 48802 | Virtual | Contact Pam for Zoom Info | | Zoom | Pam | 262.729.0212 | | | |

| THURSDAY | Grp. # | City (most in WI) | Location/Place | Address | Mtg. Type | Contact | Phone # | Contact | Phone # | Comments |
|----------|--------|-------------------|---|------------------|-----------|----------|--------------|---------|---------|--|
| 8:00 AM | 801316 | Virtual | Meeting ID 814 2332 9686, password 165022 | | Zoom | Katheryn | 920.728.1666 | | | Claim Your Seat: Recovery from Relapse |
| 4:00 PM | 57691 | Plymouth | Redeemer Lutheran Church | 1808 Eastern Ave | In-Person | Pat P | 920.889.3719 | | | Handicapped Accessible |



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| | | | | | | | | | | |
|---------|--------|----------------|--|--------------------|----------------|----------|--------------|-----------|--------------|--|
| 6:00 PM | 57238 | Kenosha Hybrid | Southport Lighthouse Recovery Club Meeting ID 836 5978 0986, password 805206 | 8017 Sheridan Road | In-Person Zoom | Donna A. | 847.721.1447 | Tim | 262.664.9676 | Pls text Donna before calling |
| 6:30 PM | 801750 | Virtual | Meeting ID 891 5591 3276, password 571880 | | Zoom | Deb K | 920.202.6150 | | | |
| 6:30 PM | 57585 | Grafton | Pilgrim United Church of Christ South parking lot, conference room entrance at lower end of lot, in front of garage | 1621 2nd Avenue | In-Person | Jean C | 414.617.7764 | Cheryl Y. | 414.378.5797 | HOW Meeting Rotate Speaker, Steps, Literature |
| 6:30 PM | 58078 | West Bend | Immanuel Church of Christ West Bend, WI 53095 | 501 Walnut Street | In-Person | Teri S | 920.205.1386 | | | Book study using OA 12 & 12 |

| FRIDAY | Grp. # | City (most in WI) | Location/Place | Address | Mtg. Type | Contact | Phone # | Contact | Phone # | Comments |
|---------|--------|-------------------|-------------------------|--------------|-----------|---------|--------------|---------|---------|--------------------------|
| 8:45 AM | 46721 | Delavan | United Methodist Church | 213 S 2nd St | In-Person | Pam | 262.729.0212 | | | Park in rear of building |

| SATURDAY | Grp. # | City (most in WI) | Location/Place | Address | Mtg. Type | Contact | Phone # | Contact | Phone # | Comments |
|----------|--------|--------------------|---|---|--------------------------|-------------|--------------|----------|------------------------|--|
| 7:30 AM | 38390 | Wauwatosa Hybrid | Martin Luther Church Dial 720.740.9632, access code 5768825# | 9235 West Bluemound | In-Person/Phone | Joan | 414.627.1406 | Judy W | 414.403.8361 | HOW Meeting Handicapped Accessible |
| 8:00 AM | 57985 | Oconomowoc | Lake Area Club (Hwy P & Hwy Z) | N60 W35878 Lake Drive Oconomowoc, WI 53066 | In-Person | Jennifer G. | 262.349.2559 | | | Rotating Literature Open Meeting |
| 8:30 AM | 56820 | Iron Mountain (MI) | 401 Club | 401 S. Kimberly Ave | In-Person | Karen K | 262.497.4241 | | | 2nd floor/Open meeting |
| 8:30 AM | 49329 | Burlington Hybrid | St John Divine Episcopal Church | 216 E Chandler Blvd Contact Leah for Zoom info | In-Person/Zoom | Leah S | 262.818.2480 | | | Fragrance Free Handicapped Accessible |
| 8:45 AM | 56570 | Wauwatosa Hybrid | Martin Luther Church ID 515 792 3358, pwd 248167, Phone: 312.626.3799, use same ID and pwd | 9235 W Bluemound Rd | In-Person/Zoom and Phone | Gayle S | 414.443.0101 | Sue W | 414.588.0255 text only | Literature Study Group Handicapped Accessible |
| 9:00 AM | 57013 | Milwaukee Hybrid | All Saints Cathedral Meeting ID 603 927 655, password 414 | 818 E Juneau | In-Person/Zoom | Deron K | 262.412.7058 | | | Men only Rotate Steps, Traditions, Literature |
| 9:30 AM | 32466 | Fox Point | N Shore Congregational Church | 7330 N Santa Monica Blvd | In-Person | Kathy W | 262.236.9138 | | | HOW meeting / Use main doors |
| 9:30 AM | 04055 | West Allis Hybrid | Blessed Hope United Methodist Church Meeting ID 868 3416 3028, password 543711 | 3177 S 107th St | In-Person/Zoom | Joy M | 847.274.4708 | | | Use east main door Handicapped Accessible |
| 10:00 AM | 11228 | Oshkosh | Solutions Recovery Club | 621 Evans St, Oshkosh, WI 54901 | In-Person | Cindy | 920.203.1068 | Chris K. | 920.573.5573 | Literature, Varies |

Milwaukee Area Intergroup meets on the third Monday of each month via Zoom. This is a business meeting for the Milwaukee area. All members are invited to attend. For Zoom information, please contact business@oamilwaukee.org. Meeting starts at 6:30pm.

Please send meeting additions or changes to meetings@oamilwaukee.org or call 414-259-0640.

Last minute meeting changes (including cancellations for inclement weather) will be posted on Facebook at Overeaters Anonymous - OA Milwaukee whenever possible.

MAI Address: Milwaukee Area Intergroup of OA
P.O., Box 270054
Milwaukee, WI 53227

Phone: 414-259-0640
Email: info@oamilwaukee.org
Website: oamilwaukee.org

Updated: March 13, 2025