



## Newcomers Workshop:

Steps One, Two, Three

Virtual Workshop  
Saturday, Jan. 10, 2026  
10:00 am – Noon CST

### Join Zoom Meeting

Meeting ID: 850 9549 6827

Passcode: 1212

Join by Phone 312/626-6799

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Are you a newcomer to OA? If you've been a member for two years or less, or consider yourself a newcomer, then this workshop is for you. Learn more about OA's program of recovery from eating disorders. Get questions answered. Meet other members — including other newcomers.

Three speakers share their experience, strength and hope.

Everyone is welcome: Members, New Members, Non-members. Questions will be answered. This forum will be helpful for individuals wanting to learn about Overeaters Anonymous, as well as for newer members looking for additional support and insights. This Workshop is sponsored by Milwaukee Area Intergroup.



“Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible”