

# **Newcomers Workshop: The Disease of Compulsive Eating and the Promise of Recovery**

*Two speakers share their experience, strength and hope*



**Are you a newcomer to OA?** If you've been a member for two years or less, or consider yourself a newcomer, then this workshop is for you. Learn more about OA's program of recovery from eating disorders. Get questions answered. Meet other members — including other newcomers.

**When and where:** This is a virtual Workshop on Saturday, November 1, 2025, 10:00am -12Noon CDT

Join the Zoom meeting:  
Meeting ID: 850-9549 6827  
Passcode: 1212

Join by Phone: (312) 626-6799  
Meeting ID: 850-9549 6827#  
Passcode: 1212

<https://us02web.zoom.us/j/85095496827?pwd=Nm1QVm5MZ3BFUUIONjZrSTRkdldJQT09>

**Everyone is welcome!** Members, New Members, Non-members. Questions will be answered. This forum will be helpful for individuals wanting to learn about Overeaters Anonymous, as well as for newer members looking for additional support and insights.

This Workshop is sponsored by the Milwaukee Area Intergroup.

***Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.***