



# 2021 Convention

## October 22-24, 2021

Please join us at the [Welcome Center](#) for newcomer information and help.

	Zoom Meeting ID	Zoom Meeting Passcode	Direct Link
Welcome Center	TBD	TBD	<a href="#">Click here</a>
Webinar Track	TBD	TBD	<a href="#">Click here</a>
Zoom Room	TBD	TBD	<a href="#">Click here</a>

\* To join the webinar, a Step session or interactive workshop, click on the title of any session.

\* All sessions are in Eastern Daylight Time (New York). [Click here](#) to find time in your time zone.

### IMPORTANT THINGS TO KNOW BEFORE THE CONVENTION BEGINS

**Webinar is view only.** You will only see the speaker(s), panelists, host and co-hosts.

**Zoom best practices:**

- Be sure to update to the latest version of Zoom **before** signing in.
- For anonymity, we ask you to rename yourself to **first name** and **last initial**.

- Take care of yourself during the convention: walk around, walk in place, stand and stretch.

- Turn off your screen when eating or moving around.

The final schedule with clickable links, Zoom room ID numbers and passcodes, and international call-in

numbers will be emailed to registered attendees before the convention.

Go to the Region 6 Convention website for further information: [oaregion6.org/2021/](http://oaregion6.org/2021/)

**Schedule is subject to change.**

	<a href="#">Webinar Track (English and French)</a> <i>Two speakers, followed by Q&amp;A</i>	<a href="#">Zoom Room (English Only)</a> <i>Two speakers, followed by 2-minute shares</i>	<a href="#">Welcome Center (English and French)</a>
<b>Friday</b>			
3 - 5 pm EDT			Welcome Center Open
5 - 6 pm EDT	Honest, Open-Minded, and Willing	Acceptance is The Answer	Newcomer Orientation Session
6 - 7 pm EDT	<b>Dinner Break</b>		
7 - 7:30 pm EDT	Grand Opening		
7:30 - 8:30 pm EDT	Keynote Speaker followed by Q&A		
8:30 - 9 pm EDT	Entertainment		

	<b><u>Webinar Track (English and French)</u></b> <i>Two speakers, followed by Q&amp;A</i>	<b><u>Zoom Room (English Only)</u></b> <i>Two speakers, followed by 2-minute shares</i>	<b><u>Welcome Center (English and French)</u></b>
<b>Saturday</b>			
8 - 9 am EDT		Breakfast and Fellowship	Welcome Center Open
9:15 - 9:30 am EDT	Welcome		
9:30 - 10:30 am EDT	Keynote Speaker followed by Q&A		
10:30 - 11 am EDT	<b>Break</b>		
11 am - 12 pm EDT	The Thinking Steps – 1, 2, and 3	OA Members Come In All Colors, Sizes, and Expressions	Newcomer Orientation Session
12 - 1 pm EDT		Lunch and Fellowship	Welcome Center Open
1 - 2 pm EDT	The Action Steps – 4 Through 9	Paths to a Higher Power	Newcomer Orientation Session
2 - 2:30 pm EDT	<b>Break</b>		
2:30 - 3:30 pm EDT	Living in Recovery – Steps 10, 11, and 12	Longtimers – More Than 25 Years	What is Abstinence?
3:30 - 4 pm EDT	<b>Break</b>		
4 - 5 pm EDT	Keynote Speaker followed by Q&A		
5 - 6 pm EDT		Dinner and Fellowship	
6 - 6:30 pm EDT	Entertainment		
6:30 - 7:30 pm EDT	How Can We Be More Diverse and Welcoming?	Trudging the Road of Happy Destiny	Relapse and Recovery Meeting
7:45 - 9 pm EDT		Special-Focus Breakout Rooms – Participants Choose the Topics	
<b>Sunday</b>			
8 - 9 am EDT		Breakfast and Fellowship	Welcome Center Open
9 - 10 am EDT	Sex on Sunday Morning – Body Image, Sexuality, and Relationships	All the Promises – Not Just in Step 9!	I'm a Newcomer – What Do I Do Now?
10 - 10:30 am EDT	<b>Break</b>		
10:30 - 11:30 am EDT	Keynote Speaker followed by Q&A		
11:30 am - 12 pm EDT	Closing		
12 - 12:30 pm EDT		Lunch and Fellowship	
12:30 - 1:30 pm EDT		Gratitude After-Meeting	