

WORKSHOP-15 2022

Additional Information and Frequently Asked Questions

What is "Workshop-15"?

It is MAI "shorthand" for the WSO program presented in the Twelve Step Workshop and Study Guide. The expected number of sessions to complete the Study is 15, usually over 15 weeks. MAI is sponsoring multiples of this workshop to begin in the early weeks of 2022.

Workshop Book – White or Green?

A participant may use either the white Participant Guide or the green Twelve Step Workshop and Study Guide. The green book contains all the instructions needed to lead a workshop or to use the book as a sponsor/sponsee tool or other study plan. The white book does not have all those instructions. Either book may be ordered at oa.org bookstore.

Other books?

Yes, each participant will need access to the 6 other books mentioned on page 1. These are used as the basis for various sections of the Workshop.

The length of weekly sessions: 75 minutes? 2 hours?

This will be determined by the leader and/or by the group. The Guide is set up for 2 hour sessions, with some homework being assigned each week. It is possible to shorten the session (to approx. 75 mins.) by assigning more of the "in-session work" as "homework" thereby requiring less time as a group.

Homework? Buddies?

Yes, there is assigned homework which is to be done at home and shared with another member of the workshop group. In the workshop, homework buddies will be assigned. The buddies may rotate so that everyone in the group shares with a different buddy from week to week.

Autonomy of the Workshops

Each workshop group will be autonomous, honoring OA Tradition. Each group will decide how long the sessions will be, how many weeks it will take to complete, and other questions that may come up. (Will the leaders be rotated among the group? or, will the homework buddies be rotated among the members? Or will a week be "taken off" for a holiday? for example.)

Currently there are 5 MAI Workshop-15 Options

You can choose from these options, as follows:

- 1) Mon, 2 pm, Zoom
- 2) Tue, 10 am, In Person (Menomonee Falls)
- 3) Fri, 7 pm, Zoom
- 4) Sat, 11 am, Hybrid Zoom (West Allis)
- 5) The 5th workshop day is yet to be determined. It will be a weekday morning on Zoom.

(more)

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Will there be a cost?

There will be no cost to participate, but the Workbook must be acquired. If an individual wants to participate, but cannot afford the cost of the Workbook, MAI is hoping to make scholarship funds available. MAI does not want cost to keep anyone from participating. There will be 7th Tradition taken, as at meetings, with a \$5 suggested donation per session.

Who can participate in Workshop-15?

Any OA member within MAI territory is encouraged to participate. Whether OA members from outside the area participate will be determined on an individual basis. OA members only please.

How do I register to participate in Workshop-15?

Registration will be available online, by mail and by phone. Details will be provided in the near future. Watch the oamilwaukee.org website and/or your News You Can Use email for updates on this information.

How do I subscribe to News You Can Use?

Send an email to emailblast@oamilwaukee.org and ask to be subscribed.